



	<i>breakfast</i>		<i>lunch</i>	<i>I snack</i>	<i>II snack</i>
<i>Monday</i>	<i>Buffet</i> <i>Bread (wheat, rolls with wholemeal sunflower seeds) 1, Butter 7 Sausage (cooked poultry), vegetables (pepper, tomatoes, pickled cucumbers), fruit (bananas, apple), Milk and milk products (natural yoghurt 7), drinks, fruit tea, Whole grain breakfast cereals 1, dried fruit (cranberries, apricots). Strawberry blackcurrant jam (low-sugar) and honey</i>	<i>‘Vegetables fruits’</i>	<i>Cauliflower soup with potatoes, Gnocchi with pesto sauce/chanterelle sauce, mozzarella Fresh vegetables</i>	<i>Fruit yoghurt, vegetable</i>	<i>Mix of colorful sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea</i>
<i>Tuesday</i>	<i>Buffet</i> <i>Bread (rye, wheat, wholemeal bread 1), butter 7 Sausage (pork loin), cheese 7, cappresse salad 7 vegetables (green cucumbers, tomatoes, radishes, colored peppers), pears, apples, Milk and milk products (vanilla cheese) 7, drinks coffee with milk 1.7, 1 Honey whole grain breakfast cereals, dried fruit, bananas, kiwi. Jam (low-sugar apricot, cranberry) and honey</i>		<i>Vegetable soup with potatoes, Pork chops, mash, fresh vegetables Tortilla with spinach Fresh vegetables</i>	<i>Toast, vegetable</i>	<i>Mix of colorful sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea</i>
<i>Wendesday</i>	<i>Buffet</i> <i>Bread, Butter 7 Hot sausages, Mozzarella cheese 7, vegetables (cherry tomatoes, pickled cucumbers, radish, green lettuce), orange, apple, fruit, grape, broccoli and goat's cheese sprout salad with boiled broccoli 7 Cocoa with milk 7, milk products (fruit yoghurts) 7, drinks (tea, milk) Whole grain breakfast cereals 1, dried fruit (apricots, raisins, cranberries). Jam (low-sweetened elderberry, sea buckthorn) and honey</i>		<i>Krupnik with parsley, Chicken meatballs in tomato sauce, rice Fresh vegetables, Vegetable meatballs</i>	<i>Chocolate pudding, vegetable,</i>	<i>Mix of colorful sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea</i>



Thursday	<i>Buffet</i> Bread (rye, multi-grain bread, rolls with vegetables and linseed ¹), Butter 7 Sausages (beef pastrami), Yellow cheese ⁷ , vegetables (green cucumbers, tomatoes, radishes, colored peppers, kohlrabi), grapefruit, blueberries, plums, Milk and milk products, natural yoghurt with raspberries ⁷ , drinks, Chocolate breakfast cereals ^{1,7} , dried fruits, cranberries. Fruit salad Jam (low-sugar) quince, blueberry and honey		Mushroom soup with pasta, Roast duck fillet, mashed potatoes, fresh vegetables Roasted stuffed tomato	Self-baked cake, vegetable	Mix of colorful sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea
Friday	<i>Buffet</i> Whole wheat bread ¹ , Butter 7 Poultry meats, Goat cheese ⁷ , vegetables (paprika, celery, tomatoes), fruit, apple, apricot, Milk and milk products (fruit yoghurt, homogenized cheese) 7, drinks coffee with milk, Breakfast cereals (whole grain corn) 1.7, dried fruit sunflower, pumpkin, raisins. Jam (low-sugar raspberry, plum jam) and honey		White borscht with egg, Baked salmon, fries, fresh vegetables	Croissant, vegetable	Mix of colorful sandwiches with butter, cold cuts, cheese, preserves and vegetables Fruit tea

NUMERICAL DETERMINATION OF ALLERGENS IN MEALS: 1. GLUTEN; 2. crustaceans; 3. EGGS; 4. FISH; 5. Peanuts; 6. SOYA; 7. MILK; 8. NUTS; 9. SELER; 10. GORCZYCA; 11. SESAME; 12. SULFUR DIOXIDE AND SULFATE; 13. LUPINE; 14. FLUSHERS.